

My Assistive Technology Outcomes Framework (MyATOF)

www.at-outcomes.org



My Assistive Technology Outcomes Framework (MyATOF) captures data about what your assistive technology does for you. The MyATOF Framework contains a set of evidence-based outcome tools in the areas of:

-  **Supports**
-  **Participation outcomes**
-  **Human rights**
-  **Costs**
-  **Service delivery**
-  **Customer experience**
-  **Life with and without your Assistive Technology**

What is Assistive Technology?

Assistive Technology includes any technology used to enable participation. This includes mainstream and disability-specific products, as well as environmental adaptations.

Who can use My AT Outcomes Framework?

MyATOF can be used by young adults, adults and older people who use Assistive Technology, and allied health practitioners who provide Assistive Technology supports and services.

When should I use My AT Outcomes Framework?

Use the Tools to:

- Document the Assistive Technology you currently use.
- Work out how your life would be different if you used other types of Assistive Technology.
- Keep track of your funded Assistive Technology over time. For example, if something in your life changes, such as the support you need for your disability or where you live, you might need to change the Assistive Technology you use so that it supports you better.
- Support funding applications.

MyATOF is being developed by Dr Natasha Layton and colleagues, many of whom are assistive technology users.

For more information, contact Natasha at admin@at-outcomes.org

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My supports: what AT and other things do I use in my home?

Prompts - [list of assistive technology and housing adaptations](#),

Can look at the range of AT on the [National Equipment database](#) to get the names of things.

My explanation

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My outcomes: what does my AT enable me to do?

Prompt – the [World Health Organisation](#) tells us we participate in lots of different ways. Tick the areas you participate in. Write down what AT enables you to do these things.

- ☐ Mobility
- ☐ Do self-care
- ☐ Communicate
- ☐ Manage general tasks and demands
- ☐ Manage your domestic (home) life
- ☐ Learn and apply knowledge (eg remember, write, read)
- ☐ Relate to others
- ☐ Have an educational life
- ☐ Have an economic (working, volunteering) life
- ☐ Have a civic life (being part of the community)
- ☐ Have recreation
- ☐ Have a spiritual life (eg get to worship)
- ☐ Have a political life (eg get to vote in person)

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My rights: how does my AT meet my human rights?

Prompt – [here are some rights from the United Nations Convention on the Rights of Persons with Disabilities.](#)

- ☐ Article 9 Accessibility
- ☐ Article 19 Living independently and being included in the community
- ☐ Article 20 Personal Mobility
- ☐ Article 21 Freedom of expression and opinion, and access to information
- ☐ Article 24 Education
- ☐ Article 25 Health
- ☐ Article 26 Habilitation and Rehabilitation
- ☐ Article 27 Work and Employment
- ☐ Article 29 Participation in political and public life
- ☐ Article 30 Participation in cultural life, recreation, leisure and sport

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My costs: how much do my supports cost? How much do my supports save?

Prompt – thinking about how much supports costs. Also thinking about savings, that is, money we don't have to spend because of your supports.

Please tell us about:

1. The cost of the AT and getting it set up and maintained
2. Things you don't have to spend because you have AT e.g. another assistive product or less support work hours
3. Any costs you may save later on, because you have AT right now? This might be fewer falls, better pressure care management due to better AT now.

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My service delivery pathway

Prompt – good practice say that about 6 AT service steps should be followed to get the right AT set up in the right way for you. Did you get access to these AT service steps?

- ☐ Initiation: Did I know where to start in getting my AT?
- ☐ Assessment: Did I get to receive info about 'why' and 'how' of assessment; did I contribute knowledge of my self, my environment, my goals? Was I asked 'how is this going for you'?
- ☐ Trying out my AT: Could I contribute opinion and preferences if I wished to?
- ☐ Choosing the AT I want: Could I take part in the process of buying, applying for funding, talking to suppliers if I wished to?
- ☐ Getting my AT: was I involved with delivery / setup / trial as much as I wanted?
- ☐ Afterwards: could I go back and ask people questions? Did I have the opportunity to give feedback?

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My customer experience

Prompt - AT users tell us there are important things about getting AT that can be forgotten. What was important to you? Here are some things that AT users say they want.

Please tick which is important to you:

- ☐ The best combination of products, personal support and environmental design
- ☐ Access to sufficient funding for good quality and long-lasting products.
- ☐ Funding to meet AT needs in every area of my life.
- ☐ A wholistic assessment so that each product works well with my other supports.
- ☐ Consideration of my AT needs across the lifespan and as things change.
- ☐ Support throughout the process of getting AT, including product trial, training and maintenance.
- ☐ Access to funding and resources when I need them.
- ☐ Active involvement in decision-making
- ☐ Consideration of my personal preferences and identity so that AT is chosen to suit my lifestyle

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Measuring change with MyATOF

To measure change with your bundle of assistive technology, follow these steps:

1. List the AT you are using
2. Think about how your AT makes a difference to your level of difficulty, your need for personal support or assistance, and your satisfaction. Place a mark at any point on the scales below.
3. The 'extent of participation' scale is to be completed by an allied health practitioner, indicating your activity and participation with the World Health Organisation Activity and Participation Domains.

Tick one box from each section, that best represents your experience:

Level of difficulty in life areas with AT bundle

- ☐ No difficulty
- ☐ Mild difficulty
- ☐ Moderate difficulty
- ☐ Severe difficulty
- ☐ Complete difficulty

Need for personal assistance in life areas with AT bundle

- ☐ No need
- ☐ Some need
- ☐ Moderate need
- ☐ Significant need
- ☐ Unable to do even with assistance

Satisfaction with participation life areas with AT bundle

- ☐ High satisfaction
- ☐ Moderate satisfaction
- ☐ Neither satisfied nor dissatisfied
- ☐ Extreme dissatisfaction
- ☐ Complete dissatisfaction

Extent of participation in life areas with AT bundle

- ☐ Full participation
- ☐ Mild participation
- ☐ Moderate participation restrictions
- ☐ Severe participation restrictions
- ☐ Complete participation restrictions